

CHECK OUT WHAT'S HOT THIS MONTH!

FEEL THE SUN

Sun Wakasa Gold PLUS® is the powerful liquid concentrate from the nucleus of the chlorella plant. It provides a unique blend of nucleic and amino acids, peptides, polysaccharides, and beta glucans found exclusively in chlorella. Rich in vital nutrients, Wakasa is the perfect way to help support your body's natural defence system. It also contains the unique benefit of CGF (Chlorella Growth Factor) nucleic acids to aid tissue repair and regenerate cells in the body. Sun Wakasa Gold PLUS® delivers the perfect partner in nutrition, working most effectively as part of your daily health regime when taken alongside Sun Chlorella® 'A' tablets. Whilst Sun Wakasa Gold PLUS® delivers a concentrated level of CGF, Sun Chlorella® 'A' provides a rich source of nutrients found in green vegetables such as essential amino acids, protein, minerals, vitamins, chlorophyll and carotene that are essential to a healthy body. This combination helps to maximise essential vitamin intake and amplify nutrient absorption. Sun Wakasa Gold PLUS® **£98.95** (500ml bottle)

sunchlorella.co.uk



THE PERFECT YOGA GETAWAY

Ibiza Yoga, situated in the north of the island is the perfect hideaway. Guests from all over the world come to relax, indulge and lose a little weight in a serene environment with likeminded people. Book yourself a massage or a facial. A three-minute walk takes you to Benirras beach, with its selection of three restaurants and relaxing sun loungers. Ibiza Yoga has a variety of yoga levels and accommodation to suit everyone, ranging from Villa Palmas to Villa Roca and the Pagoda Garden. Yoga and half-board are inclusive in the price. For more information call 020 74190999 or visit ibizayogacom

