

Ibiza Yoga offer two retreats, both within 100 meters of the beautiful Benirras Beach. Situated in the unspoilt north of the island, the area is spiritual, rich in ley lines and surrounded by pine clad mountains.

Our teachers offer the highest standard of tuition, and many are renowned throughout the world. Full details can be found on our website.

The yoga is Ashtanga based, which when practised helps to maintain balance, flexibility and strength in both body and mind. We offer beginners, mixed and general level classes.

The beach is famous for the wonderful sunsets and was recently voted "The fourth best beach in Europe" by the Sunday Times. Three typical Spanish restaurants serving excellent food, a shop and snack bar are located directly on the beach.

Villa Roca and Villa Palmas

Villa Palmas has a Mediterranean garden, swimming pool and spectacular sea views. Villa Roca is of Bauhaus design set within its own capacious pinewood grounds, home to several pagodas and a gazebo.

Masseurs We have several experienced masseurs who visit both villas offering Swedish, Ayurvedic and Thai yoga massage.



Getting here We are approximately a thirty minute taxi ride from Ibiza airport at a cost of around 30 Euros (£20). Direct flights available from April try easyjet.com - tel. 0870 600 0000. Prices are between £80 - £220 return. From UK airports the flight takes approximately two hours.

Press "The first thing one notices is the landscape's thick canopy of pine trees - and the air is even thicker with their fresh fragrance. One can also smell the sea." **Spa magazine**

"Ibiza is fast becoming the yoga capital of Europe. One of the best retreats is 'Ibiza Yoga' near Benirras beach." **The Week**

"Ibiza Yoga offers butt-busting benefits without the pressure - after your three-hour daily session you're free to chill out with your fellow guests or take in the island's other delights." **She magazine**

Price list Per person per week in pounds sterling:



	April	May	June	July	Aug	Sept	Oct
Villa Roca							
Room 1	325	395	425	485	485	465	415
Room 2	325	395	425	475	475	445	395
Room 3	350	425	465	500	500	475	425
Room 4	350	425	465	500	500	475	425
Room 5	350	425	465	500	500	475	425
Villa Palmas							
Room 1	450	550	600	650	650	550	500
Room 2	500	650	700	750	750	650	550
Room 3	600	700	750	800	800	700	600
Room 4	600	700	750	800	800	700	600
Pagodas							
1-8	200	245	325	395	395	325	245
Gazebo	245	325	425	425	425	395	350
Beach Apmt							
	325	395	425	475	475	395	325

Teepees **Check website for prices and availability**

Booking To book and pay online visit our website:
www.ibizayoga.com

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